

(Must be 19 or older)

## CONTACT INFORMATION

Name:				
Name:	(Middle)	(Last)		
Street Address:(Include	Apt # or PO Box #)			
Zip Code:	Age:	Birth Date:		
Email:				
		Check One:   Mobile  Home		
T-shirt Size: □S □M □	L DXL DXXL DOTHE	R:		
EMERGENCY CONT	ACT			
First & Last Name:				
Street Address:				
Zip Code:	Best Contact P	hone:		
Relationshin:				

# I HEART LINCOLN - ADULT APPLICATION 2

## **HEALTH INFORMATION**

participation in I Heart Lincoln.

What describes your current physical health? $\square$ Excellent $\square$ Good $\square$ Fair $\square$ Poor
Clinic/Doctor: Phone #:
Office Address:
Do you have insurance? □Yes □ No
Insurance CompanyPhone #
Medicine you will be bringing
Are all immunizations current with state requirements? $\Box$ Yes $\Box$ No If no, please explain:
Date of last medical exam? Food allergies?
History of: Heart trouble Diabetes Fainting Asthma Allergies
Nose bleeds Headaches Other:
Mobility limitations/RestrictionsDisabilities
FINALIZING INFORMATION
Do you currently hold a membership at the YMCA? Yes No
I certify that the information in this application is true and I have answered each question completely. I also understand my application is subject to approval and does not ensure my

# I HEART LINCOLN - ADULT APPLICATION 3

Print Name:						
Signature:		Date:				
CONFIRM AVAILABI	LITY					
Please check one to indicate your time commitment for the week of I Heart 2024:						
☐ All day, everyday [	☐ All mornings	☐ All afternoons	☐ Evenings Only			
□ Other						
CONFIRM SERVING AREA						
Please check an area of serving you are interested in:						
☐ Team Leader/ Co-Lead	der □ Evening Cafe	☐ Kitchen Cr	ew 🗆 Laundry			
$\square$ Van Driver (Over 21) $\square$ Friday- Celebration Dinner $\square$ Undecided or wherever needed						
Comments:						

#### \*\*\*PLEASE TEAR OFF THIS SHEET AND KEEP FOR REFERENCE\*\*\*

## MARK YOUR CALENDAR

I Heart 2024: July 14-19

### ADDITIONAL INFORMATION

Full-time team: There is no cost. Included in full-week participation: meals, housing, t-shirts, and activities.

Part-time team: There is no cost. One I Heart LNK t-shirt is included for the part-time team.

### EMERGENCY CONTACT NUMBERS

Christ Place Church Office: 402-421-1111

Youth Pastor, Bruce Riddle: 402-304-8665

I Heart LNK Coordinator, Brea Diaz: 402-681-3852